



WATERWORLD TE RAPA HAMILTON

20-23 AUGUST

Event Schedule

Session 1 - Day 1				Session 2 - Day 2				Session 4 - Day 3				Session 6 - Day 4			
Warm up 3.00pm - 4.05pm		Start 4.15pm		Warm up 7.10 - 8.10am		Start 8.30am		Warm up 7.30 - 8.20am		Start 8.30am		Warm Up 7.30 - 8.20am		Start 8.30am	
Session 1 Medal Ceremony				Opening Ceremony 8.15am				Session 3 Medal Ceremony - 7.35am				Session 5 Medal Ceremony - 7.35am			
1	400m Free	M		11 111	100m IM	M	(Para)*	32	200m Fly	M		49	200m IM	M	
2	400m Free	F		12 112	100m IM	F	(Para)*	33	200m Fly	F		50	200m IM	F	
3	4x50m Medley Relay	M	Under 16	13	Skins (Random Medley) 4 x 50m	M	Under 16	34 134	50m Breast	M	(Para)*	51	4x50m Free Relay	M	16 & Over
4	4x50m Medley Relay	F	Under 16	14		F	Under 16	35 135	50m Breast	F	(Para)*	52	4x50m Free Relay	F	16 & Over
5	4x50m Medley Relay	M	16 & Over	15		M	16 & Over	36	200m Back	M		53	4x50m Free Relay	M	Under 16
6	4x50m Medley Relay	F	16 & Over	16	F	16 & Over	37	200m Back	F		54	4x50m Free Relay	F	Under 16	
7	4x100m Free Relay	M	Under 16	17	200m Breast	M		38	4x50m Medley Relay	Mixed	Under 16	55 155	50m Free	M	(Para)*
8	4x100m Free Relay	F	Under 16	18	200m Breast	F		39	4x50m Medley Relay	Mixed	16 & Over	56 156	50m Free	F	(Para)*
9	4x100m Free Relay	M	16 & Over	19	100m Fly	M		Session 6 Medal Ceremony							
10	4x100m Free Relay	F	16 & Over	20	100m Fly	F									
Session 1 Medal Ceremony				21	4x50m Free Relay	Mixed	Under 16								
Session 1 Medal Ceremony				22	4x50m Free Relay	Mixed	16 & Over								

Session 3 - Day 2				Session 5 - Day 3			
Warm up 3.00 - 3.50pm		Start 4.00pm		Warm Up 2.00 - 2.50pm		Start 3.00pm	
Session 2 Medal Ceremony - 3.05pm				Session 4 Medal Ceremony - 2.05pm			
23 123	50m Back	M	(Para)*	40 140	200m Free	M	(Para)*
24 124	50m Back	F	(Para)*	41 141	200m Free	F	(Para)*
25 125	100m Breast	M	(Para)*	42 142	100m Back	M	(Para)*
26 126	100m Breast	F	(Para)*	43 143	100m Back	F	(Para)*
27 127	100m Free	M	(Para)*	44 144	50m Fly	M	(Para)*
28 128	100m Free	F	(Para)*	45 145	50m Fly	F	(Para)*
29	2x50m Free Relay	M	Open	46	8x50m Free Relay	M	Open
30	2x50m Free Relay	F	Open	47	8x50m Free Relay	F	Open
31	2x50m Free Relay	Mixed	Open	48	8x50m Free Relay	Mixed	4 Male / 4 Females

Note: *Where it is noted (Para) these events are available to both Able-Bodied and Para Swimmers.